'World's Heaviest Teenager' Finally Walks After Dropping 700 Lbs.

At his highest weight, Khaled Mohsen Al Shaeri weighed 1,345 lbs. and hadn't left his bed for three years. In 2013, King Abdullah of Saudi Arabia ordered that he be hospitalized for treatment. Since then, Shaeri — now in his <u>early 20s</u> — has lost 700 pounds, and a new video, posted to YouTube Tuesday (garnering almost 48,000 views), shows him walking for the first time in years.

Shaeri's medical treatment, which required that he be airlifted out of his home for transport to a hospital in Riyadh, was financed by Abdullah. The young man has lost over half of his weight with a focused hospital fitness routine, and he is on track to lose more through his health program.



Shaeri had to be forklifted from his bedroom in 2013. (Photo: Reuters)

In 2014, Dr. Aa'ed al-Qahtani, the head of Shaeri's medical team, <u>told</u> *Sayidaty* magazine that Shaeri's muscle strength and heart and lung function had all improved, and his inflammation was down.

A custom wheelchair helped him start to become more mobile, and Shaeri — once called the 'world's heaviest teenager' — built up slowly to the proud moments on the video.

Members of the medical team <u>have told CNN</u> that the young man's spirits are high, which is apparent

from Shaeri's radiant grin as he walks. Dr. Abdeljabbar al-Yamani, the managing director of King Fahd Medical City, has dubbed him "the smiling man."

Please follow @YahooParenting on <u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u>, and <u>Pinterest</u>. Have an interesting story to share about your family? Email us at YParenting (at) Yahoo.com.