

K-Q-S

Name: _____

Topic: Vital Signs p273-280

Directions: From the assigned readings write 3-5 key points, 1-2 questions you have and a 3-4 sentence summary.

Key Points:

Questions:

Sum It Up:

K-Q-S

Name: _____

Topic: Vital Signs P 281-285

Directions: From the assigned readings write 3-5 key points, 1-2 questions you have and a 3-4 sentence summary.

Key Points:

Questions:

Sum It Up:

K-Q-S

Name: _____

Topic: Vital Signs p 285-292

Directions: From the assigned readings write 3-5 key points, 1-2 questions you have and a 3-4 sentence summary.

Key Points:

Questions:

Sum It Up:

STUDENT ENRICHMENT ACTIVITIES

Complete the following sentences.

1. The body's temperature is regulated by an area in the brain called the _____.
2. _____ is the process of bringing oxygen into the body and expelling carbon dioxide.
3. A single respiration consists of one _____ and one _____.
4. Blood pressure is measured with a _____ and a _____.
5. When recording a blood pressure reading, the top number is the _____ pressure and the bottom number is the _____ pressure.

Define the following terms.

6. vital signs
7. bradycardia
8. dyspnea
9. bradypnea
10. apnea
11. hyperpnea

Complete the following exercise.

12. Copy this chart on a sheet of paper or into a computer file you name "vitals." Practice taking the vital signs of five classmates, and record your findings in your chart.

NAME	BP	P	R	T
1.				
2.				
3.				
4.				
5.				